



EMPOWERING INFORMAL CARERS

CONTEXT

Throughout Europe, informal carers cover 80% of long-term care. Family members are the largest care providers for older, frail, disabled and chronically ill people of all ages.

However, caring for a loved one often comes with a considerable personal cost to family carers, including many financial, professional, health and social consequences. Most of informal carers are at risk of social exclusion and there is a need to help them to move from social solution to active participation.

Through the tailored training, the project intends to support the carers in highlighting their profile and role both for themselves, and for the rest of the society.

PARTNERS



Le Portage Salarial



c'entro
associazione



Leader: I.R.I.P.S. (Institut Régional d'Insertion Professionnelle et Sociale) - FRANCE

Associazione C'ENTRO - ITALY

ITG Conseil - FRANCE

IASIS - GREECE

CIEP asbl - BELGIUM

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CONTACTS



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FINANCING

Erasmus+ KA2 project
CODE: 2018-1-FR01-KA204-048210

DURATION

24 months
01 October 2018 - 3 September 2020

MAIN OBJECTIVES

The CareEr project aims at empowering informal carers through:

- a new training device created by and for informal carers – by contributing to the improvement of their condition as well as the quality of informal care
- the support for the young carers and for those who have a job in combining the care responsibilities with the studies/work
- CareER will up-date the tool for the recognition of the informal competences to be used on the regular job market.

105 INFORMAL CAREGIVERS FROM 6 EUROPEAN COUNTRIES

Some of them will be involved in local focus groups, and 7 of them (one for each partner country) will participate in the transnational meetings in Belgium, Greece and Italy to make their voices heard during the co-development phase of the CareEr training device.

TARGET GROUPS

- informal carers belonging to vulnerable groups (i.e. young people; people unemployed/ in long-term unemployment; people with disabilities; isolated mothers/fathers; elderly people....)
- informal carer combining their caregiving responsibilities with a job (part-time or full-time job)
- professional care workers

EXPECTED RESULTS

- IO1: Training manual for caregivers
 - IO2: e-learning platform for caregivers and experts in the social-assistance / trainers sector
 - IO3: Training curriculum for trainers
 - IO4: booklet of skills for caregivers
- Each partner organizes a Final Multiplier Event at the local level

